

Pam Yudko, MS, CHHC, TC,

Pam Yudko, MS, CHHC, TC, is a nationally recognized Certified Holistic Health Coach, Transformational Life Coach and Public Speaker.

She received her Bachelors in Human Development, Masters in Education, and is certified as a Holistic Health Coach and Transformational Life Coach. She has coached executives, celebrities, business owners, politicians, teachers, and moms. As some of her clients have shared, "Pam is a life changer" and she is recommended "to any organization that wants what's best for their employees". Pam has been invited to speak on panels with Dr. Oz, Carla Hall and Jenna Wolfe and has presented for global corporations such as Bausch, Gilead, iHeart Media Inc. and FRAME to name a few.

Pam speaks on a multitude of topics including but not limited to: Emotional Intelligence, Work Life Balance, Personal Branding, The Pursuit of Authenticity, Navigating Challenging Relationships, Identifying your Superpower and Uncovering the Top Tools to Unlock Your Greatest Health. She is able to transform the mindset of her clients to move beyond what they're supposed to do, so that they can do what they were created to do - to live authentically.

Pam resides in Northern New Jersey with her husband and two children. She has had the pleasure of watching her clients take leaps of faith and commit to their personal and professional development. She continues to share her expertise with the best and the brightest in their fields.